



**IQAC Presents**

**MESTON FLASHES**

of

**MESTON COLLEGE OF EDUCATION**  
(Autonomous), Chennai – 600 014.  
(Biannual)



**Issue No. 48**  
**February 2026 – July 2026**

Dear Well-Wishers,

**Greetings from Meston!**

"And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him." - Colossians 3:17

This academic year witnessed a vibrant blend of intellectual engagement, professional development, cultural enrichment and holistic student growth at Meston College of Education. Our Institution continued its commitment to nurturing competent, reflective and socially responsible student teachers through a wide range of academic and co-curricular initiatives.

A notable milestone during the period was the introduction of the Chess in Education Course for second-year students. Supported by international educational organizations, the programme highlighted the educational value of chess in developing critical thinking, concentration, strategic planning and decision-making skills. The initiative reflected our Institution's emphasis on innovative approaches to teaching and learning.

Teacher preparation was further strengthened through a series of guest lectures, seminars and interactive sessions focusing on contemporary educational themes. Programmes on Inclusive education, enabled student teachers to gain a deeper understanding of the diverse needs of learners and the importance of creating equitable learning environments. Sessions addressing the challenges faced by novice teachers, psychological well-being, career opportunities in the teaching profession and effective life choices provided valuable guidance for aspiring educators as they prepared to enter the profession.

The Internal Quality Assurance Cell played a significant role in fostering academic excellence through programme centred on Outcome Based Education, mental health awareness and institutional quality enhancement. Discussions on curriculum planning, learning outcomes and assessment practices enriched the professional knowledge of teacher trainees, while initiatives promoting mental well-being reinforced the institution's commitment to creating a supportive and healthy campus environment. The establishment of a Mental Health and Well-being Monitoring Committee will further strengthen these efforts.

Student engagement remained a hallmark of campus life. Intellectual programmes organized by various departments offered creative opportunities for learning through quizzes, games, presentations and problem-solving activities. Themes ranging from language and literature to science, mathematics and history encouraged students to apply their knowledge in enjoyable and meaningful ways. Faculty-led programmes in the name of Meston Staff Study Circle conducted sessions on problem-solving skills, ability grouping and the appreciation of poetry further contributed to the intellectual enrichment.

Model Examinations for the B.Ed. 1<sup>st</sup> & 2<sup>nd</sup> year students were conducted on 16<sup>th</sup>, 17<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup> & 27<sup>th</sup> April, 2026. The Supplementary Examinations for B.Ed. 1<sup>st</sup> & 2<sup>nd</sup> year students were held from 18<sup>th</sup> to 23<sup>rd</sup> May, 2026. The Semester Examinations for the B.Ed. 1<sup>st</sup> & 2<sup>nd</sup> year students were conducted from 25<sup>th</sup> to 30<sup>th</sup> May, 2026.

Our Institution also placed strong emphasis on experiential learning and professional readiness. Demonstration classes were conducted for all the departments and provided practical exposure to effective teaching practices. Placement-oriented programmes, orientation sessions and recruitment drives enhanced students' awareness of employment opportunities and equipped them with the confidence required for successful careers. Alumni interactions offered valuable insights into real-world teaching experiences, inspiring students through shared journeys of professional growth and perseverance.

Facial expression and communication skills were nurtured through the Theatre Art Workshop that introduced students to the educational applications of drama and performance. The programme highlighted the role of theatre in enhancing classroom interaction, creativity and self-expression. Similarly, public speaking activities and various co-curricular events encouraged students to develop confidence and effective communication skills.

Ph.D. pre-submission presentations were conducted by the research scholars. They presented their findings, engaged in scholarly discussions and received constructive feedback from faculty members. Model examinations, continuous assessment tests and university examinations were conducted systematically, ensuring academic rigor and quality assurance.

Our Institution's commitment to community awareness and social responsibility was evident through several meaningful programmes. Awareness initiatives on bonded labour, anti-drug campaigns and health-related observances sensitized students to important social issues. Through skits, talks, competitions and pledges, students actively participated in promoting social justice, responsible citizenship and healthy living.

Cultural and linguistic diversity were celebrated through programmes that highlighted the richness of India's heritage. Observances of mother language Day, women's empowerment and traditional art forms fostered respect for cultural plurality and encouraged students to appreciate the nation's diverse traditions. These celebrations strengthened the values of inclusivity, unity and mutual respect among the student community.

Sports and physical well-being also occupied a prominent place in our teacher trainees' campus life. Intramural sports competitions and the Annual Sports Meet provided opportunities for our student teachers to demonstrate their athletic abilities, teamwork and sportsmanship. The events promoted physical fitness while fostering camaraderie and healthy competition.

Participation in government-organized exhibitions enabled them to display scientific models and educational innovations, reflecting their practical understanding of concepts and commitment to experiential learning. Competitions organized in connection with International Women's Day and Mathematics celebrations provided vibrant platforms for talent, creativity and intellectual engagement.

Educational visits further enriched student learning experiences. Exposure to artistic and creative works through institutional visits broadened students' perspectives and deepened their appreciation of aesthetics and culture. Such experiences complemented classroom learning and contributed to the holistic development of future educators.

A significant highlight of the year was the Graduation Day ceremony, which celebrated the accomplishments of graduating students and marked an important milestone in their academic journey. The occasion reflected the institution's enduring commitment to academic excellence and professional preparation.

As the academic year progressed, departmental activities, association meetings and farewell programmes continued to strengthen the sense of community within our Institution. Together, these diverse initiatives created a dynamic learning environment that fostered academic achievement, professional competence, leadership qualities and social responsibility. The collective efforts of faculty, students, alumni and stakeholders ensured that Meston College of Education remained steadfast in its mission of shaping teacher trainees who are prepared to contribute meaningfully to society and the advancement of education.

**Er. Joseph Reginald Issac**  
**President**

**Rev. Subin**  
**Vice - President**

**Mr.V.Poul Luther**  
**Secretary**

**Mrs.Sujitha Samuel**  
**Treasurer**

**Dr. C. Sherine Vinoca Snehalatha**  
**Principal**

### CHESS IN EDUCATION COURSE



The Chess in Education Course was initiated in our college for our 2<sup>nd</sup> year students with the support of the **International Chess Federation (FIDE)** and the **Educational Chess Consortium (ECC)**. The programme aimed at integrating chess into education to enhance students' cognitive, analytical, and decision-making skills. The sessions were handled by **Dr. Ebenezer Joseph**, Candidate Master and Senior Lead School Instructor, FIDE.

### GUEST LECTURE –INCLUSIVE EDUCATION



A guest lecture on “**Diverse Needs of Children in Inclusive Education**” was organized on **03<sup>rd</sup> February, 2026**. The session was handled by **Ms. S. Karishma Jem**, Audiologist, CMC, Vellore. She highlighted the varied needs of children in inclusive classrooms and the role of teachers in addressing them.

### COUNSELLING CELL – GUEST LECTURE



The **Counselling Cell** organized an illuminating session on “**Central Government Teaching Jobs: Opportunities, Exams and Career Preparation**” on **16<sup>th</sup> February, 2026**. **Dr. D. Samuel Seelan**, Principal, Delhi Public School, Srinagar provided valuable insights into various central government teaching opportunities, competitive examinations and effective career preparation strategies.

## TAMILNADU MODEL SCHOOL FELLOWSHIP ORIENTATION



**Placement Fellowship and Orientation Programme** was organized by **Tamil Nadu Model School** on **04<sup>th</sup> February, 2026** during the forenoon session. The programme provided useful guidance and orientation to students, enhancing their awareness of placement opportunities.

## COUNSELLING CELL PROGRAMME ON LIFE CHOICES



The Counselling Cell organized a talk on **“Choices We Make in Life”** on **13<sup>th</sup> February, 2026**. **Dr. (Mrs.) N.Evelyn Thayamani**, Assistant Professor of Physical Science emphasized the importance of responsible decision-making and guided students to reflect on personal choices.

## TALK ON INCLUSIVE EDUCATION



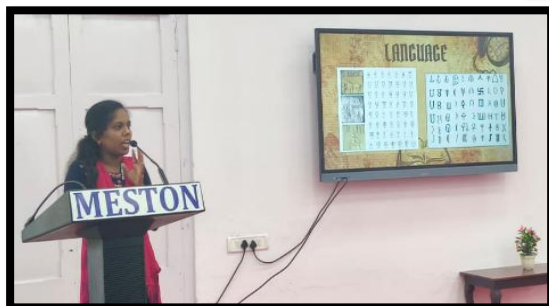
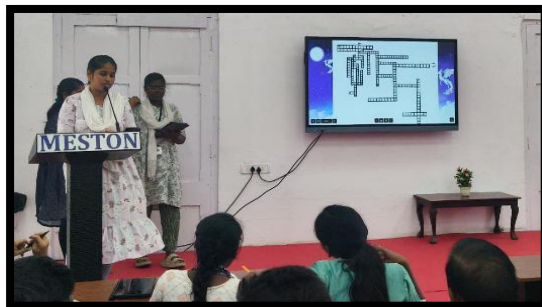
A talk on **Inclusive Education** was organized on **19<sup>th</sup> February, 2026**. **Dr. M. Shanmuga Priya**, Associate Professor, Department of English, **Queen Mary's College, Chennai** shared valuable insights on promoting inclusive practices and ensuring equity in education.

## INTRAMURAL SPORTS & GAMES



The **Intramural Sports & Games** were inaugurated and conducted for our students on **02<sup>nd</sup> February, 2026**.

## INTELLECTUAL PROGRAMME



The **Intellectual Programme** was conducted on **21<sup>st</sup> February, 2026**. The English Department conducted a PowerPoint presentation and quiz on idioms and language. The Physical Science Department organized a correction game on science concepts. The History Department presented on world civilizations and cultures. The Mathematics Department conducted a memory game and the Biological Science Department organized a crossword puzzle with 18 biology-related words.

## VALUE ADDED COURSE EXAM



**Value added Course Exam** was conducted on **06<sup>th</sup> May, 2026** to assess students' understanding and proficiency in the various value-added courses offered by our Institution, reinforcing their learning and skill development.

## MOCK PRACTICAL EXAM



**Mock Practical Examination** for 2<sup>nd</sup> year teacher trainees was conducted on **30<sup>th</sup> March, 2026**, during which their teaching competencies and classroom skills were assessed by the faculty members of the respective pedagogy departments.

## ALUMNI CONTRIBUTION: INSIGHTS ON OVERCOMING TEACHING



An interactive session was conducted by our Alumna **Ms.P. Aathira Mohan**, HOD, English Department, Sri Chaitanya techno School, Poonamallee, for our B.Ed. students. She shared her professional journey, experiences as a beginner teacher and practical strategies to overcome the classroom challenges.



A Guest Lecture on “**Challenges Encountered by Novice Teachers and Strategies to overcome them**” was organized on **03<sup>rd</sup> March, 2026** by **Dr. A. Manikandan**, Professor, Department of Chemistry, Karpagam Academy of Higher Education.

## THEATRE ART WORKSHOP



**Theatre Art Workshop** was organized on **09<sup>th</sup> March, 2026**. **Dr. C. Karthikeyan**, Assistant Professor, Tamil Nadu Open University provided valuable insights into theatre techniques and creative expression. The session helped teacher trainees understand the importance of drama and theatre in enhancing communication and classroom interaction.

## GUEST LECTURE



Guest lecture was delivered by **Dr. D. Barani Kanth**, Professor, Department of Applied Psychology, Pondicherry University on the topic “**Psychological Well-Being for Prospective Teachers**” on **24<sup>th</sup> March, 2026**. The speaker emphasized the importance of mental health, emotional balance and stress management for future teachers.

## YOUTH RED CROSS (YRC) - FIRST AID TRAINING PROGRAMME



**First Aid Training Programme** was organized for the first-year teacher trainees on **30<sup>th</sup> March, 2026**. Resource person from the Youth Red Cross provided practical hands-on training, equipping students with essential first-aid skills and emergency response techniques. The programme was inaugurated by **Dr. C. Sherine Vinoca Snehalatha**, Principal and coordinated by **Mr. R. Ruban John Thomas**, Director of Physical Education.

## MESTON STAFF STUDY CIRCLE



**Mrs. R. Karunya Rajakumari**, Assistant Professor of English, delivered an overview of global forms of poetry on the theme **"Poetry's Blissful Retreat: Igniting Pure Joy"** on **25<sup>th</sup> February, 2026**.



**Dr. D. Arnold Robinson**, Associate Professor of Biological Science explained the concept of ability grouping and its role in educational settings on the theme **"Ability Grouping"** on **23<sup>rd</sup> March, 2026**.



**Dr. (Mrs.) G. Jemima**, E.S.D. Co-ordinator & Assistant Professor of Mathematics gave a talk on **"Problem Solving Skills for Educators"** on **10<sup>th</sup> April, 2026**.

### BIOLOGICAL SCIENCE DEPARTMENT



**Mrs. Alice**, PG Assistant (Botany), Wesley School conducted a demonstration on the topic "**Morphology of a Plant**" on **04<sup>th</sup> March, 2026**.

### DEMONSTRATION CLASSES

### ENGLISH DEPARTMENT



**Ms.P. Aathira Mohan**, HOD, English Department, Sri Chaitanya techno School Poonamallee conducted an engaging demonstration class on the topic "Direct and Indirect speech" on **24<sup>th</sup> February, 2026**.

### MATHEMATICS DEPARTMENT



**Mrs. Grace Thangamani**, Mathematics Teacher, Wesley School conducted a demonstration on the topic "**Trigonometry**" on **04<sup>th</sup> March, 2026**.

### PHYSICAL SCIENCE DEPARTMENT



A demonstration on the topic "**Sound – Characteristics of Sound Waves**" was conducted by **Mr. J.K. Samuel**, Teacher, MCC Higher Secondary School on **02<sup>nd</sup> March, 2026**.

### EXTENSION SERVICES DEPARTMENT



The **Extension Services Department** of our college organised a One Day International Seminar for Teachers on the topic "Conflict Resolution for Teachers", **Mrs. Rebecca Juliet**, Co-Founder, Acasa Learning Solutions, Dubai, Employability Skill and Soft Skill Trainer, was the Resource Person on **09<sup>th</sup> April, 2026**.



## SYMPOSIUM - "OUTCOME BASED EDUCATION FOR ACADEMIC EXCELLENCE"



The **Internal Quality Assurance Cell (IQAC)** of our college organized a **Symposium** on **"Outcome Based Education for Academic Excellence- from vision to classroom practices"** on **12<sup>th</sup> February, 2026**. The session was led by **Mrs. J. Jasmine**, Assistant Professor of Mathematics, St. Christopher's College of Education, Chennai, as the resource person. She highlighted the principles of Outcome Based Education, focusing on curriculum planning, learning outcomes and assessment strategies for achieving academic excellence.

## IQAC –SEMINAR "MENTALLY HEALTHY CAMPUS INITIATIVE"



The **Internal Quality Assurance Cell (IQAC)** organized a seminar on **"Building a Mentally Healthy Campus – UGC Mental Health Policy"** on **23<sup>rd</sup> February, 2026**. **Ms. M.Auxilia Tharaniswari**, Counselling Psychologist, Don Bosco Arts and Science College, served as the Resource Person and highlighted the importance of mental well-being and the key aspects of the UGC Mental Health Policy. **Fr.Rev.Lourdusamy Susai**, SDB, Dean of our college, constituted the Mental Health and Well-being Monitoring Committee comprising faculty members, office staff, a parent representative, an alumni representative and a student representative to ensure holistic support and monitoring of mental health initiatives on campus.

## VISIT TO GOVERNMENT COLLEGE OF FINE ARTS



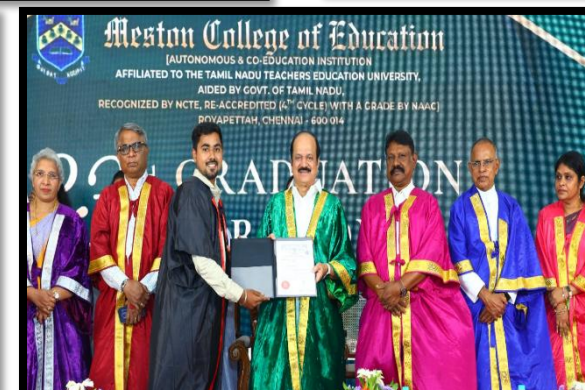
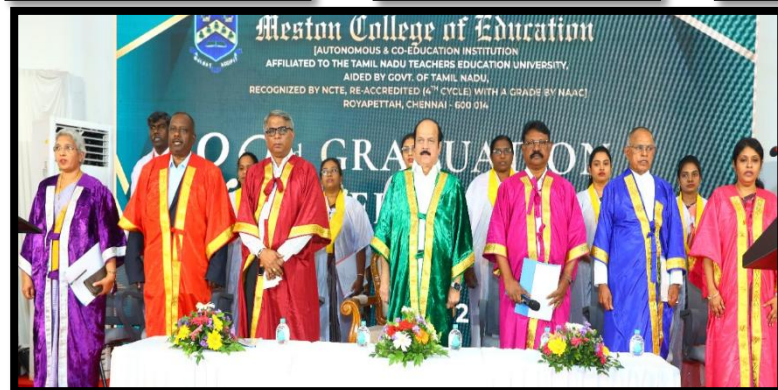
Our 2<sup>nd</sup> year B.Ed. students visited the **Government College of Fine Arts** on **12<sup>th</sup> March, 2026**. The visit provided students with an opportunity to observe various forms of art and creative works displayed in the institution. It was an enriching experience that enhanced their appreciation of art and creativity.

## 82<sup>nd</sup> GRADUATION DAY



The **82<sup>nd</sup> Graduation Day** was conducted with great solemnity and all the Management Members graced the ceremony with their esteemed presence on **05<sup>th</sup> February, 2026**. The Chief Guest, **Dr. K. Rajasekaran**, Registrar i/c, Tamil Nadu Teachers Education University delivered the Graduation Address to the candidates. The ceremony was held in the august presence of **Mr. Joseph Reginald Isaac**, President, MEDA, **Mr. V. Poul Luther**, Secretary, MEDA, **Mrs. Sujitha Samuel**, Treasurer, MEDA and **Rev. Fr. Lourdsamy Susai SDB**, Dean, MCE.

## 83<sup>rd</sup> GRADUATION DAY



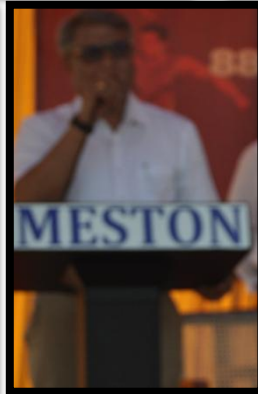
The **83<sup>rd</sup> Graduation Day** was conducted with great solemnity and all the Management Members graced the ceremony with their esteemed presence on **18<sup>th</sup> July, 2026**. The Chief Guest, **Thiru. J.C.D. Prabhakar**, Honourable Speaker, Tamil Nadu Legislative Assembly, Government of Tamil Nadu delivered the Graduation Address to the candidates. The ceremony was held in the august presence of **Mr. Joseph Reginald Isaac**, President, MEDA, **Mr. V. Poul Luther**, Secretary, MEDA, **Mrs. Sujitha Samuel**, Treasurer, MEDA and **Rev. Fr. Lourdsamy Susai SDB**, Dean, MCE.

## EK BHARAT SHRESHTHA BHARAT CLUB



The Ek Bharat Shreshtha Bharat Club of our college organized தமிழ் கலை நிகழ்ச்சிகள் on 07<sup>th</sup> February, 2026. Students presented a variety of programmes, showcasing their cultural talents and making the event memorable.

## 88<sup>th</sup> SPORTS DAY





**88<sup>th</sup> Annual Sports Meet**, was conducted on **27<sup>th</sup> February, 2026**. **Thiru. S. John Sundar**, Additional Superintendent of Police, Chennai, graced the occasion as the Chief Guest and formally declared the Sports Meet open. **Mr. Joseph Reginald Isaac**, President, MEDA, **Mr. V. Poul Luther**, Secretary, MEDA & **Rev. Fr. Lourdasamy Susai**, Dean were the Guests of Honour.

## WOMEN'S DAY







Our college organized **Intra-Collegiate Competitions** on the theme “**Give to Gain**” on **10<sup>th</sup> March, 2026** in celebration of **International Women’s Day**. Voice of One and Sovereignty of Women (on-stage events) and Smart Snacks, Art of Palms, Festival Canvas and Scrap to Spark (off-stage events) were conducted and students participated enthusiastically. **Mrs. Helen Joshua**, Exodus Music Ministries, Chennai, delivered the Valedictory Address. The winners were honoured during the Valedictory ceremony, making the programme a meaningful celebration of women’s strength and creativity.

## 88<sup>th</sup> COLLEGE DAY CELEBRATION



88<sup>th</sup> College Day was celebrated on 29<sup>th</sup> April, 2026 with great enthusiasm and grandeur. Dr. V. Irai Anbu, Former Chief Secretary to the Government of Tamil Nadu, graced the occasion as the Chief Guest and inspired the gathering with his enlightening and motivational address. The programme was presided over by Mr. Joseph Reginald Isaac, President, MEDA, while Mr. V. Poul Luther, Secretary, MEDA, extended his greetings and fondly recalled his long association with the Chief Guest. The Principal presented the Annual College Report, highlighting the institution's achievements and milestones. Academic excellence was recognized through the distribution of special prizes to outstanding students, and the celebration concluded with vibrant cultural performances by the students.

## B.Ed. PRACTICAL EXAMINATION



**B.Ed. Practical Examination for the 2024-2026 batch** was conducted on **07<sup>th</sup> April, 2026**. **Dr. (Mrs.) T. Subashini**, Associate Professor of Education, Lady Willingdon Institute of Advanced Study in Education, **Dr. (Mrs.) R. Sahaya Mary**, Associate Professor & Head, Department of Physical Education, **Dr. (Mrs.) L. Annie Kavitha**, Assistant Professor of Education, **Dr. (Mrs.) N. G. Jyosthna**, Assistant Professor of English, St. Christopher's College of Education were the External Examiners who evaluated the students' performance during the Practical Examination.

## DEPARTMENT ASSOCIATION MEETINGS

### DEPARTMENT OF BIOLOGICAL SCIENCE



**Dr. (Mrs.) M. Madhavi**, Assistant Professor, PG & Research Department of Zoology, Ethiraj College, Chennai gave an exemplary presentation on “Biology in Everyday Life : Relevance and Recent Advancements” on **01<sup>st</sup> April, 2026**.

### DEPARTMENT OF ENGLISH



**Ms. P. Kaviya Bharathi**, Assistant Professor of English, Dr. M.G.R. Janaki College of Arts & Science for Women, Chennai delivered a lecture on **26<sup>th</sup> March, 2026**.

### DEPARTMENT OF HISTORY



**Dr. E. Jeeva**, Assistant Professor, Department of History, Saraswathy College of Arts & Science, Thindivanam delivered a talk on “Silent Scripts, Loud Stories: The Power of Epigraphy” on **27<sup>th</sup> March, 2026**.

### DEPARTMENT OF MATHEMATICS



**Dr. S. Vaithyasubramanian**, Assistant Professor, P.G. & Research Department of Mathematics, DDGD Vaishnav College, Chennai gave an extraordinary talk on “Beyond Chalk and Talk : Modern Strategy for Future Teachers” on **24<sup>th</sup> March, 2026**.

### DEPARTMENT OF PHYSICAL SCIENCE



**Dr. T. Sivaranjani**, Assistant Professor, Department of Physical Science, DDGD Vishnav College, Chennai delivered an engaging session on “Bridging the Gap Between Theory and Understanding in Science” on **26<sup>th</sup> March, 2026**.

#### Club Activities (First Year)

1. Virtual Tourism Club
2. Anti Drug Club
3. Fine Arts Club
4. Arts & Crafts Club

#### (Second Year)

1. Health & Fitness Club
2. Photography Club
3. Consumer Club
4. Ek Bharat Shreshtha Bharat Club

## FAREWELL BLESSING - 2026



**Farewell Blessings' Function** for II Year B.Ed. students (2024-26 Batch) was organised on **08<sup>th</sup> May, 2026**. **Fr.Rev.Lourdusamy Susai**, SDB, Dean of our college and our Principal, **Dr. (Mrs.) C. Sherine Vinoca Snehathatha** blessed the outgoing students.

## GROUP PHOTOS OF 2024– 2026 BATCH STUDENTS

**DEPARTMENT OF BIOLOGICAL SCIENCE**



**DEPARTMENT OF ENGLISH**



**DEPARTMENT OF MATHEMATICS**



**DEPARTMENT OF HISTORY**



**DEPARTMENT OF PHYSICAL SCIENCE**



**M.Ed. (2024 – 2026 Batch)**



**SUBJECT SECRETARIES**



**SPORTS SECRETARIES**



**HOSTEL –BOYS & GIRLS**



**2024 – 2026 Batch**



**Teaching & Non – Teaching Staff**



## PARENT TEACHER ASSOCIATION (PTA)



**Parent-Teacher Association (PTA) Meeting** was held on **30<sup>th</sup> March, 2026**, providing a valuable platform for interaction between parents and faculty. The newly elected PTA office bearers appreciated the initiatives of the college, while parents shared their feedback and views on the academic and developmental activities of our Institution. The programme commenced with a prayer and blessing by **Rev. Fr. Lourdusamy Susai, Dean** and a warm welcome address by **Dr. C. Sherine Vinoca Snehaltha, Principal**, fostering a spirit of collaboration and mutual support for student success.

### **Congratulations to the office bearers of Parents Teachers Association (PTA) for the academic year 2025-2026**

**President : Mr.S.Sivashankar**

(U /O. Ms.V.S.Divya )  
(I Year B.Ed Mathematics)

**Vice President : Mr. E.Anbalagan**

(H/O. Ms. C. Maheswari)  
(I Year B.Ed Biological Science)

**Treasurer : Mr.B.John Samuel**

(F /O. J.Catherine Rose)  
(I Year B.Ed Physical Science)

### **VALUE ADDED COURSES**

- ❖ Communicative English
- ❖ Counselling and Psychotherapy
- ❖ Research in Education
- ❖ Thirukurazh Kooram Vizhumangal

## PLACEMENT CELL

The Placement Cell facilitated a recruitment drive by the following schools offering students valuable teaching opportunities and

**Velammal Nexus -16<sup>th</sup> February, 2026**



**Shri Krishnaswamy Matriculation Higher Secondary School – 20<sup>th</sup> February, 2026**



**Mahatma Gandhi Vidyalaya Senior Secondary School (CBSE) T Nagar, Chennai - 24<sup>th</sup> February, 2026**

**Maharishi Vidya Mandir Senior Secondary School – 25<sup>th</sup> February, 2026**

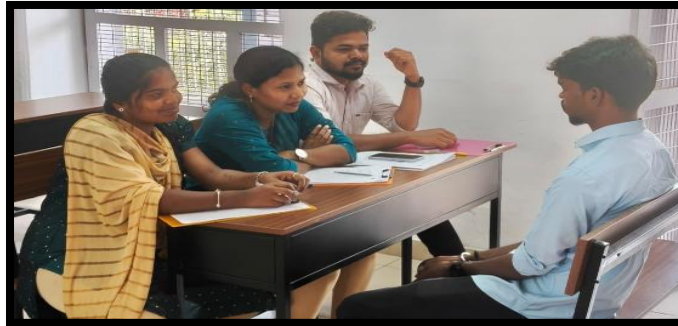


**Sri Chaitanya Group of schools - 03<sup>rd</sup> March, 2026**

**Bharathi Matriculation / CBSE Schools, Maduravoyal, Arumbakkam, Mogappair, Thirumaluzai – 13<sup>th</sup> March, 2026**



## Agaram Foundation-20<sup>th</sup> March, 2026



## M.Ed. MOCK VIVA EXAMINATION



**Mock Viva Voce** for the M.Ed. (2024–2026 Batch) was conducted to provide students with valuable practice and enhance their confidence in presenting and defending their research work.

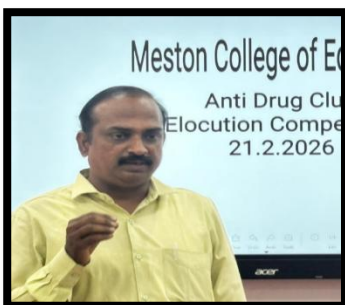
## ACADEMIC EXCELLENCE REFLECTED THROUGH MODEL PRESENTATION





Our 1<sup>st</sup> & 2<sup>nd</sup> year Biological Science Department, Mathematics Department & Physical Science Department students enthusiastically showcased their innovative models at the Exhibition organized by the Government of Tamil Nadu. The event provided a valuable platform for them to demonstrate their creativity, scientific temperament and practical understanding of concepts.

#### ANTI DRUG CLUB –ELOCUTION COMPETITION



On behalf of the **Anti-Drug Club**, an Elocution Competition on the topic “**The Silent Killer: The Impact of Drug Abuse on Youth**” was organized on **21<sup>st</sup> February, 2026** to create awareness among students about the harmful effects of drug abuse. Ms. J. Catherine Rose (Physical science) got first place, Mr. J.M. Rhenius (English) got second place. Ms. A. Monica (Physical science) got third place and Ms. P. Kalavathi (Maths) got consolation prize.

### SCHOOL ACTIVITY ON PUBLIC SPEAKING



Our 1<sup>st</sup> year student teachers who had opted for **Public speaking** as their elective conducted **Public Speaking Activity** for the students of **Wesley Higher Secondary School** on **07<sup>th</sup> April, 2026**. The programme provided a platform for students to develop their communication skills, build self-confidence, and express their ideas effectively before an audience.

### SCHOOL ACTIVITY ON ENVIRONMENTAL EDUCATION



Our 1<sup>st</sup> year student teachers who had opted for **Environmental Education** as their elective organized awareness programmes for the students of **Wesley Higher Secondary School** on **07<sup>th</sup> April, 2026**. The activities included two skits on **Industrial Accidents** and **Natural Disasters**, along with a poster competition on **the importance of conserving natural resources**, creating awareness on environmental conservation and disaster preparedness.

## WORLD CANCER DAY



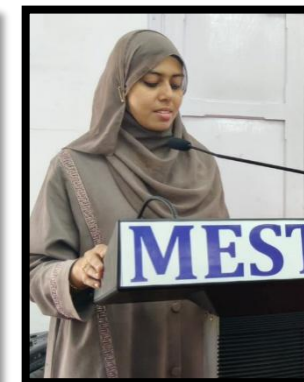
**World Cancer Day** was observed on **04<sup>th</sup> February, 2026** in our college. On this occasion, our Principal delivered an inspiring talk, sharing her personal journey and experiences as a cancer survivor. Her words created strong awareness about cancer and motivated students to face life with courage and hope.

## INTERNATIONAL DAY OF WOMEN AND GIRLS



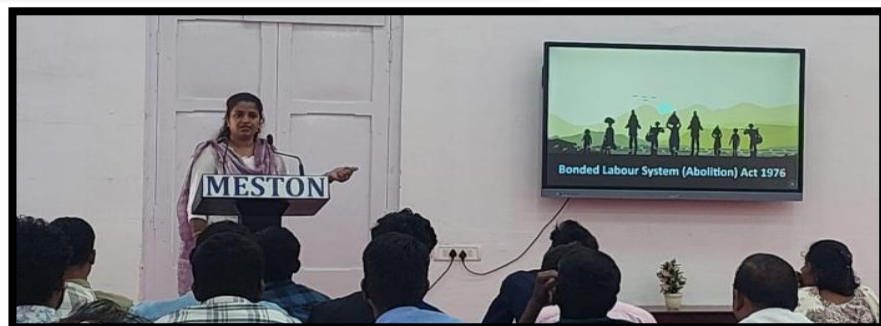
The **International Day of Women and Girls** was observed by the **Department of English** on **11<sup>th</sup> February, 2026** in the morning assembly. **Ms. M. Abirami** delivered an insightful speech highlighting the significance of the day.

## INTERNATIONAL MOTHER LANGUAGE DAY



**International Mother Language Day** was observed in our college during the morning assembly on **21<sup>st</sup> February, 2026**. Mr. P. D. Nesakumaran in Tamil, Ms. J. Catherine Rose in English, Ms. V.S. Dhivyaa in Hindi, Ms. V. Yogapriya in Malayalam, Mr. M. Karunanithi in English, Mrs. T. Amrin Fathima in Urdu, Mrs. Aysha Moideen Koya Kalathil in Malayalam and Mr. N. Nandhish Babu in Kannadam representing different mother tongues shared brief notes highlighting the richness and significance of their native languages, promoting unity in diversity and respect for linguistic heritage.

## AWARENESS PROGRAMME - BONDED LABOUR



An **awareness programme on Bonded Labour** was conducted on **12<sup>th</sup> & 13<sup>th</sup> February, 2026** to sensitize students about this serious social issue. Our 1<sup>st</sup> year students actively participated by performing a skit, effectively conveying the need for legal awareness and collective efforts to eradicate bonded labour from society. Our M.Ed. students delivered a talk highlighting its causes and social impact. **Dr. (Mrs.) N.Evelyn Thayamani**, Assistant Professor of Physical Science administered an oath reaffirming their commitment to stand against bonded labour and promote social justice.

## ANTI-DRUG AWARENESS PROGRAMME





**Anti-Drug Club** organized an Anti-Drug Awareness Programme at **Wesley Higher Secondary School** on **08<sup>th</sup> July, 2026**. Our 2<sup>nd</sup> year B.Ed. students presented an impactful skit, mime and awareness activities to educate school students about the ill effects of drug abuse and the importance of leading a healthy, drug-free life.

#### NATIONAL WOMEN'S DAY



The **National Day of Women** was observed during the morning assembly by the **Department of Physical Science** on **13<sup>th</sup> February, 2026**. The programme highlighted the significance of women's contributions to society and promoted awareness on women empowerment among students.

## WORLD HERITAGE DAY



**World Heritage Day** was observed on **18<sup>th</sup> April, 2026**. Ms. Ashnath Jeba delivered an informative talk highlighting the importance of preserving cultural and natural heritage.

## INTERNATIONAL MATH DAY



**International Math Day (Pi day)** was celebrated on **13<sup>th</sup> March, 2026** as Infinity Fiesta by the Department of Mathematics. Intra collegiate competitions were conducted, prizes and certificates were awarded to the winners and participants.

## BONDED LABOUR ABOLITION



Bonded Labour abolition Oath was administered by **Mr.R.Ruban John Thomas**, Physical Director on **13<sup>th</sup> January, 2026**.

## உலகத் தாய் மொழி நாள்



“**உலகத் தாய் மொழி நாள்**” oath was administered by **Mr.R.Ruban John Thomas**, Physical Director on **21<sup>st</sup> February, 2026**.

## DEPARTMENT OF MATHEMATICS - INTRA-COLLEGIATE COMPETITION



The **Department of Mathematics** organized an **Intra-Collegiate Competition** titled “**Infinity Fiesta**” on **13<sup>th</sup> March, 2026** at the **Mathematics Room**. Various events such as **Think & Link (Connections)**, **Gesture & Guess (Dumb-C)** and **Reasoning Arena (Logical Reasoning)** were conducted to enhance students’ logical thinking and mathematical skills. The competition was engaging and provided a platform for students to showcase their talents.

## Ph.D. PRE-SUBMISSION PRESENTATION



A **Ph.D. Pre-Submission Presentation** was held on **12<sup>th</sup> February, 2026**. **Mrs. S. Catherine Nithya**, Ph.D. Research Scholar (Part-Time), presented her research work under the guidance of **Dr. (Mrs.) C. Sherine Vinoca Snehalatha**, Principal, Meston College of Education. The session was attended by teaching faculty members and it provided a scholarly platform for academic discussion, suggestions and refinement of the research work prior to final submission.

A **Ph.D. Pre-Submission Presentation** was held on **17<sup>th</sup> April, 2026**. **Mr.J.Antony Santha seelan**, Ph.D. Research Scholar (Part-Time), presented his research work under the guidance of **Dr. (Mrs.) J.Johnsi Priya**. The session was attended by members of the teaching faculty and served as an intellectually enriching forum for academic dialogue, constructive feedback, and the enhancement of research work before its final submission.

### VITILIGO/LEUCODERMA AWARENESS PLEDGE



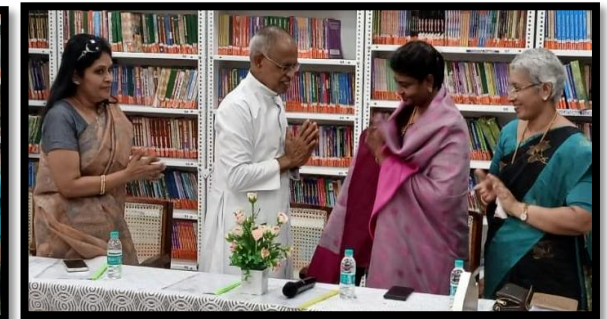
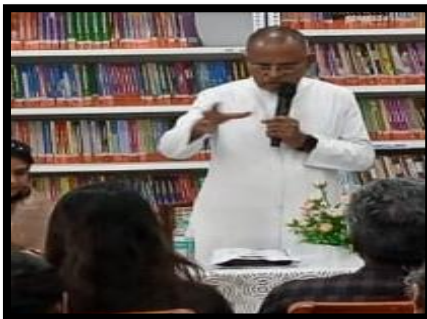
**Vitiligo/Leucoderma Awareness Pledge** was administered to the M.Ed. students and faculty members on **25<sup>th</sup> June, 2026** by **Mr. R. Ruban John Thomas**, Director of Physical Education, reaffirming their commitment to promoting awareness, acceptance, and inclusivity for individuals affected by vitiligo/leucoderma.

### ROAD SAFETY AWARENESS



Video Presentation on **Road Safety Awareness** was conducted for the 2<sup>nd</sup> year B.Ed. students on **02<sup>nd</sup> July, 2026** by **Mr. R. Ruban John Thomas**, Director of Physical Education. The programme emphasized the importance of responsible road behaviour and adherence to traffic rules to ensure safety for all.

### FAREWELL TO OUR BELOVED LIBRARIAN





Our college bid a heartfelt farewell to **Mrs. R. Sophia**, Librarian, on **30<sup>th</sup> May, 2026**, in recognition of her two decades of dedicated and commendable service to Meston College of Education. Her invaluable contributions to the academic community and her unwavering commitment to fostering a culture of learning were fondly acknowledged and appreciated by the Management, Principal, faculty members and students. The occasion was graced by the Dean, Treasurer and Principal, who conveyed their gratitude and best wishes for her future endeavors. The programme served as a fitting tribute to her remarkable journey and lasting legacy at the institution.

### HONOURING THE KINGMAKER – PERUNTHALAIVAR K. KAMARAJ



Our college celebrated “**Kalvi Valarchi Naal**” in commemoration of the birth anniversary of **Perunthalaivar K. Kamaraj** on **14<sup>th</sup> July, 2026**. The programme highlighted Kamaraj's remarkable contribution to education and the development of Tamil Nadu. Ms. Gayathri delivered an inspiring speech, Mr. John Milton recited a meaningful poem in his honour.

### HOSTEL DAY CELEBRATION





**Hostel Day** was celebrated on **07<sup>th</sup> May, 2026** with enthusiasm and joy. **Dr. G. Jebadoss Thinakaran**, Alumnus, Headmaster and Correspondent, MCC Higher Secondary School, Chennai, delivered an inspiring Chief Guest Address, motivating the budding teachers to pursue excellence in the teaching profession. The programme was graced by the MEDA President, Secretary, Treasurer, Dean and Principal of Meston College of Education.

#### STAFF RETREAT



**Staff Retreat** was organized on **30<sup>th</sup> June, 2026**. **Rev. Dr. J. M. P. Thomas Birla**, Associate Professor & Dean External Studies, Gurukul Lutheran Theological College and Research Institute, Kilpauk delivered the message, inspiring the faculty towards spiritual renewal, personal reflection, and dedicated service.

## WORKING WITH THE COMMUNITY



As part of the M.Ed. curriculum, our 1<sup>st</sup> year M.Ed. students successfully completed the **Working with Community Programme** from 11<sup>th</sup> to 23<sup>rd</sup> May, 2026. The programme provided meaningful community engagement experiences and professional competencies through active participation in community-based activities.

## MERRC BEGINS A NEW CHAPTER



**Meston Educational Rehabilitation and Research Centre (MERRC)** was inaugurated at its new campus within our college premises. The centre provides day-care educational and rehabilitation services for children with intellectual disabilities, offering specialized training and developmental support under the guidance of qualified trainers in a nurturing and inclusive environment.

## M.Ed VIVA VOCE EXAMINATION



**Viva Voce Examination** for the M.Ed. (2024–2026 Batch) was conducted to evaluate the students' research knowledge, presentation skills, and readiness for the final Examination.

## RESEARCH PROPOSAL PRESENTATION



Research Proposal Presentation for the M.Ed. (2025–2027 Batch) was conducted, marking an important milestone in the students' research process.

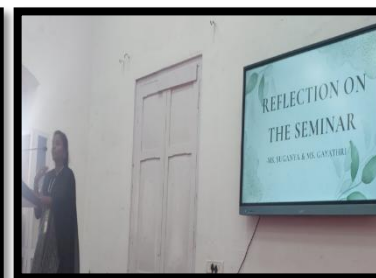
## ROAD SAFETY AWARENESS PROGRAMME



The Greater Chennai Traffic Police, D2 Anna Salai Traffic Police Station, conducted a Road Safety Awareness Programme on 14<sup>th</sup> July, 2026 to educate student teachers on safe road practices, traffic regulations and responsible road usage.

## STUDENT ENDEAVOURS

### REFLECTION ON THE SEMINAR



Our students Ms.K.Janani, Ms.K. Gayathri, Ms. J. Judith Rebecca and Ms.R.Suganya from Biological Science Department and Ms.J. Catherine Rose from Physical Science Department attended the seminar organized by Stella Matutina College of Education on the theme “The Hidden Battle: Substance Abuse in Youth” on 18<sup>th</sup> February, 2026. The session focused on the growing issue of substance abuse among young people and highlighted the crucial role of teachers in preventing and addressing drug use among students.

### M.Ed. students - Orientation programme



Our 1<sup>st</sup> & 2<sup>nd</sup> year M.Ed. students actively participated in the Orientation programme on “**Statistical Applications for Data Analysis**” organized by Department of Education, IASE, Saidapet on **06<sup>th</sup> March, 2026** was handled by **Dr. Manikandan**, Immaculate college of Education, Puducherry University provided.

### Debate



Lady Willingdon Institute of Advanced Study in Education conducted Debate on **13<sup>th</sup> April, 2026**. **Ms.S.Muthulakshmi** (1<sup>st</sup> year Physical Science) got 2<sup>nd</sup> place. **Ms.K.Gayathri** (1<sup>st</sup> year Biological Science) participated in the competition.

### Model Making Competition



Our students participated in the model making competition held at **Stella Matutina College of Education** on **27<sup>th</sup> March, 2026**. **Ms.J.Catherine Rose** (1<sup>st</sup> year Physical Science) got 1<sup>st</sup> prize and **Ms. A.Vajul Kader** (1<sup>st</sup> year Physical Science) won 2<sup>nd</sup> place. **Ms.K.Janani** participated in the competition.

#### STAFF CREDENTIALS

- **Dr. (Mrs.) A. Jeyantha Mary**, Assistant Professor of Education presented a paper on the topic **“Role of Artificial Intelligence in Enhancing Social-Emotional Learning for Teachers”** during the International Seminar on Education through Innovation : Transforming Teaching-Learning in the Age of AI” organised by **Loyola College of Education, Chennai** on **06<sup>th</sup> February, 2026**.
- **Mr. R Ruban John Thomas** presented a paper titled **“Effect of Game-Specific Drills with Emotional Regulation Training on Selected Skill and Playing Ability among Basketball Players”** in the **International Conference on Innovations in Computing & Sports Science Interdisciplinary (ICICSSI - 2026)** organized by the Department of Computer Science, Computer Applications & Physical Education, held at Vallal P. T. Lee Chengalvaraya Naicker Arts & Science College, Chennai, on **06<sup>th</sup> February, 2026**.
- **Dr. (Mrs.) A. Jeyantha Mary**, Assistant Professor of Education presented and published a paper along with her Research Scholar on the topic **“Enhancing Professional Development of Educators Through AI-Based Learning Platforms”** during the **One Day International Seminar on Education through Innovation : Transforming Teaching - Learning in the Age of AI”** organized by Loyola College of Education, Chennai on **06<sup>th</sup> February, 2026**.
- **Dr. J. Johnsi Priya**, served as a Resource Person and delivered a Lecture on the Topic **“AI Tools in Qualitative Research: Opportunities and Challenges”** in a two-day International Conference on **“AI Driven Education: Unlocking New Frontiers in Research and Practices”** organized by the Department of Pedagogical Sciences, **Tamil Nadu Teachers Education University, Karapakkam** in collaboration with Loyola College of Education, Chennai on **18<sup>th</sup> March, 2026**.
- **Dr. D. Arnold Robinson** presented a paper entitled, **Minds and Media: Digital Distraction among B.Ed. students** in the Two-day International Conference: **Ubiquitous and Inclusive Practices in Education** organized by **Paulsons Teacher Training College, Pulichapallam, Villupuram** on **27<sup>th</sup> & 28<sup>th</sup> April, 2026**.
- **Dr. J. Johnsi Priya**, presented a paper on the topic **“Technology in Enhancing Mathematical Communication Skills of Teachers”** in a Two-day International Conference on **“Ubiquitous and Inclusive Practices in Education”** organized by Paulsons Teacher Training College, Villupuram on **27<sup>th</sup> and 28<sup>th</sup> April, 2026**.
- **Dr. (Mrs.) C. Jeba Evangeline**, Assistant Professor of Physical Science presented a paper along with her M.Ed Research Scholar on the topic **“Ubiquitous and Inclusive Practices in Education” Presented-Hooked on the feed: Exploring social media addiction in adolescents”** during the Two Day International Conference organised by **Paulsons Teacher Training College, Pulichapallam, Vanur Taluk, Villupuram District** on **27<sup>th</sup> & 28<sup>th</sup> April, 2026**.
- **Dr. J. Johnsi Priya**, presented a paper on the topic **“Use of Artificial Intelligence in Mathematics Communication”** in a One-day State Level Conference on **“Transformation of Teacher Education in the Digital Era”** organized by **Sri Bharathi College of Education, Pudukottai** on **30<sup>th</sup> May, 2026**.
- **Dr. J. Johnsi Priya**, served as a Resource Person and delivered a Lecture on the Topics **“Life Skills and Social Emotional Learning: Developing Communication, Team Work and Decision-Making Skills, Emotional Well-Being of Students and Handling adolescence Issues”** in a Three-day training programme on **“In-House Teachers Training”** organized by **AVNL Institute of Learning, Avadi** on **16<sup>th</sup> June, 2026**.
- **Dr. J. Johnsi Priya**, presented papers on the topics **“Moderating Role of Algorithmic Awareness in the Relationship between AI Feedback Clarity and Perceived Fairness in Automated Assessment”** in the International Conference on **“Testing for Good: Using tests to benefit individuals and Society”** organized by **International Test Commission Conference 2026, Auckland, New Zealand** from **30<sup>th</sup> June, 2026 to 03<sup>rd</sup> July, 2026**.
- **Dr. D. Arnold Robinson** acted as a resource person in the **“A three-day In-House Teachers Training”** programme on **17<sup>th</sup> June, 2026** and presented the topic **“Classroom Management, Technology Integration and Professional Development”** conducted by the **Training institute of Armoured Vehicles Nigam Limited (AVNL), a Govt. of India Enterprise under the Ministry of Defence, Avadi, Chennai**.
- **Dr. D. Arnold Robinson**, Associate Professor of Biological Science served as the **Convenor** of the **Practical Examinations** at **Stella Matutina College of Education, Ashoknagar** on **07<sup>th</sup> July, 2026**.

#### **EDITORIAL BOARD**

**Chief Editor: Dr. (Mrs.) C. Sherine Vinoca Snehalatha, Principal**  
**Editor: Dr.(Mrs.) C. Jeba Evangeline, Assistant Professor of Physical Science**  
**Mr. J. Antoni Santha Seelan, Assistant Professor of Education**

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